

LOVE LIFE!



**BOOST**

# OUR REAL JUICY MENU

The nitty-gritty details

## A message from Janine

"I must make more time for broccoli," said nobody, ever. It's not easy doing the right thing these days. If we listened to half of what we're told about food, we wouldn't know whether we were coming or going. What's good for us one day seems to be bad the next. So what should we do?

At Boost, our brand is powered by the good stuff. Every single smoothie and juice is bursting with real fruit and/or veggies – Well, if there's something experts can agree on, it's that we all need more fruit and veggies in our diets. We know that everyone's different. That's why there's a Boost juice or smoothie to suit every body and every taste.

When you grab that iconic green cup, you're getting your daily dose of wonderful. And the great thing is we do all the hard work for you – from selecting the finest natural ingredients to locking in the essential fibres and nutrients, as you'll find in our new blended range. Nobody goes out of their way for a broccoli hit, but everyone loves to put a Boost stop in their day!

Which brings me to our 2 Sip Guarantee: if, after two sucks, sips or slurps you're not happy with our product, we will happily replace it – whatever the reason. Because here's the thing you should know about us: we really, really give a sip!

You'll find the who's who and what's what of Boost right here. Packed with facts, figures and allergen advice, you'll have no problem finding the fruit and veg combo that's right for you.

Enjoy your Boost. And remember: love life and life will love you right back.

*Janine Allis*

Janine Allis  
Founder - Boost Juice Bars

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boostjuice.com.au

### Tropical | real fruit smoothies & crushes

**Mango Magic**  
Mango, banana, mango nectar, vanilla yoghurt & ice [orig 1820 kJ med 1410 kJ jnr 1110 kJ]

**Mango Tango Crush**  
Mango, passionfruit, mango nectar, tropical juice, sorbet & ice [orig 1410 kJ med 1130 kJ jnr 805 kJ]

**Watermelon Crush**  
Freshly juiced watermelon, tropical juice, sorbet & ice [orig 916 kJ med 736 kJ jnr 590 kJ]

**Wondermelon<sup>†</sup>**  
Strawberries, freshly juiced watermelon, strawberry yoghurt, whey protein & ice + superfruit booster [orig 798 kJ med 651 kJ jnr 475 kJ]

**Banana Buzz**  
Banana, honey, low fat milk, vanilla yoghurt & ice [orig 1750 kJ med 1410 kJ jnr 1010 kJ]

**Passion Mango**  
Mango, passionfruit, tropical juice, sorbet, mango yoghurt & ice [orig 1820 kJ med 1350 kJ jnr 1010 kJ]

**Green Tea Mango Mantra<sup>†</sup>**  
Mango, green tea\*, mango nectar, vanilla yoghurt, sorbet & ice + immunity booster<sup>††</sup> [orig 1990 kJ med 1490 kJ jnr 1200 kJ]

**Mango Go Greek**  
Mango, passionfruit, banana, Greek style yoghurt, coconut water, mango nectar & ice [orig 1500 kJ med 1160 kJ jnr 962 kJ]

### Berry | real fruit smoothies & crushes

**All Berry Bang**  
Strawberries, raspberries, blueberries, apple juice, strawberry yoghurt & ice [orig 1460 kJ med 1110 kJ jnr 874 kJ]

**Strawberry Squeeze**  
Strawberries, banana, apple juice, strawberry yoghurt & ice [orig 1580 kJ med 1230 kJ jnr 902 kJ]

**Berry Crush**  
Raspberries, strawberries, blueberries, apple juice, sorbet & ice [orig 1180 kJ med 936 kJ jnr 743 kJ]

**Berry'd Alive Greek**  
Strawberries, raspberries, blueberries, banana, Greek style yoghurt, coconut water, apple juice & ice [orig 1350 kJ med 1050 kJ jnr 845 kJ]

### Naughty & Nice | treat your tastebuds

**King William Chocolate**  
Chocolate, banana, low fat milk, vanilla yoghurt & ice [orig 1830 kJ med 1390 kJ jnr 1080 kJ]

**Cookies & Creme**  
Oreo cookies, banana, low fat milk, vanilla yoghurt, sorbet & ice [orig 2140 kJ med 1610 kJ jnr 1140 kJ]

**Cafe Latte<sup>\*</sup>**  
Coffee\*, espresso blend\*, banana, low fat milk, sorbet, vanilla yoghurt & ice [orig 1930 kJ med 1400 kJ jnr 1100 kJ]

**Lychee Crush**  
Lychee, mango nectar, tropical juice, sorbet & ice [orig 1340 kJ med 996 kJ jnr 730 kJ]

### Fresh Juices or Blends | freshly squeezed or whole fruit blended

Create Your Own Juice	CHOOSE YOUR BASE	THEN ADD YOUR INGREDIENTS
Apple	Pineapple	Banana
Carrot	Coconut Water	Cucumber
Orange	Watermelon	Kale
		Passionfruit
		Beetroot
		Dates
		Lemon
		Raspberry
		Blueberry
		Ginger
		Mango
		Celery
		Grapes
		Mint
		Strawberry

**Two & Five<sup>\*\*</sup>**  
Orange, apple, carrot, cucumber, celery, beetroot, spinach & ice + vita booster [orig 710 kJ med 535 kJ jnr 405 kJ]

**Energiser<sup>†</sup>**  
Orange, strawberries, banana & ice + energiser booster<sup>††</sup> [orig 995 kJ med 663 kJ jnr 502 kJ]

**Immunity<sup>†</sup> (vit A & C)**  
Watermelon, orange, strawberries & ice + immunity booster<sup>††</sup> [orig 621 kJ med 477 kJ jnr 360 kJ]

**Wild Berry<sup>†</sup>**  
Pineapple, apple, raspberries, strawberries, blueberries & ice + energiser booster<sup>††</sup> [orig 919 kJ med 728 kJ jnr 541 kJ]

**Extras** • Coconut Water • Soy Milk • Extra Fruit & Veg

### Protein & Energy | for when you need a lift

**Gym Junkie<sup>†</sup>**  
Strawberries, banana, low fat milk, strawberry yoghurt, vanilla yoghurt, whey protein & ice (20.5 g of protein)<sup>††</sup> [orig 1630 kJ med 1170 kJ]

**Energy Lift<sup>†</sup>**  
Mango, banana, tropical juice, mango yoghurt & ice + energiser booster<sup>††</sup> (8.5 g of protein)<sup>††</sup> [orig 1740 kJ med 1350 kJ]

**Weekend Warrior<sup>†</sup>**  
Banana, blueberries, oats, dates, coconut water, whey protein, chia seeds & ice (21.1 g of protein)<sup>††</sup> [orig 1490 kJ med 1160 kJ]

**Protein Supreme<sup>†</sup>**  
Banana, muesli, dates, honey, coconut water, coconut milk, whey protein, chia seeds, cinnamon & ice + immunity<sup>††</sup> & vita boosters (30.1 g of protein)<sup>††</sup> [orig 2320 kJ med 1490 kJ]

### Green | goodness of real fruit & veg

**Caribbean Green**  
Mango, passionfruit, banana, spinach, mango nectar, coconut milk, coconut water & ice [orig 1200 kJ med 783 kJ jnr 687 kJ]

**Grape Escape**  
Grapes, spinach, pineapple, banana, coconut water & ice [orig 1010 kJ med 766 kJ jnr 519 kJ]

**Mint Condition**  
Mint, apple, spinach, cucumber, celery & ice [orig 610 kJ med 447 kJ jnr 333 kJ]

**Pure Eden Super Smoothie<sup>†</sup>**  
Apple, pineapple, grapes, kale, spinach, cucumber, lemon, banana, mint, coconut water & ice + all greens booster [orig 726 kJ med 505 kJ jnr 361 kJ]

### Add a Booster | POWERPACK Choose any 3 Boosters

**Protein<sup>†</sup>**  
Whey protein

**Immunity<sup>††</sup> (vit A & C)**  
Echinacea extract, vitamins A and C

**Chia Seeds**  
Plant-based source of omega 3

**Superfruit**  
With cranberry, acai berry extract, pomegranate and goji berries, it's packed with antioxidants!

**Vita<sup>††</sup>**  
At least 10% of your RDI of essential vitamins and minerals

**All Greens<sup>†</sup>**  
A blend of wheatgrass, alfalfa, barley grass, spinach, spirulina and broccoli plant powders

**Energiser<sup>††</sup>**  
Guarana extract, ginseng extract, taurine and vitamin E (vitamin E = 50% RDI)

<sup>\*</sup> Contains caffeine. Not recommended for young children, pregnant or lactating women and individuals sensitive to caffeine.

<sup>\*\*</sup> For original size.

<sup>†</sup> At least 10% of your RDI of essential vitamins and minerals.

<sup>††</sup> Boosters and whey protein not recommended for young children, pregnant or lactating women.

For full ingredients and nutritional information refer to boostjuice.com.au.

<sup>‡</sup> Contains vitamin A & C necessary for normal immune function as part of a healthy nutritious diet.

<sup>°</sup> Counts as a maximum of one serve only towards an individual's daily intake of fruits and vegetables.

**LOW CAL - low calorie** smoothie contains under 200 calories.

Please note that sometimes some products may not be available in all stores.

Our kids collectable cups are 250 mL, and our green enviro cups are 450 mL. Fruit changes with the seasons, and as most of our products are made fresh, the nutritional profile and flavour can vary. The nutrition and allergen information are based on low fat milk for drinks displayed with the low fat milk or soy option. Whenever changes in nutrition information and recipes occur, we'll do our very best to keep you in the loop.

Please be aware that Boost Juice is not a free environment. Whilst we take our greatest care in preparing all products to prevent cross-contamination, we do use the same store environment to make all drinks.

Boost Juice products may contain traces of wheat, gluten cereals, egg, milk, peanuts, sesame, soy, sunflower seeds or kernels, tree nuts and lupin.

Our whey protein does not contain gluten. Soy milk is gluten, dairy and lactose free. Boost sorbet products contain wheat and gluten. For the most up-to-date ingredient listing please refer to our website boostjuice.com.au.

We've made sure that all the nitty gritty info in this flyer is correct at the time of printing.



The average adult daily energy intake is 8700 kJ







# OUR REAL JUICY MENU

## The nitty-gritty details JUNIOR SIZE 350mL

### FACTS & FIGURES

Important to know on the go

	Energy		Protein	Fat		Carbohydrate			Sodium
	Kilojoules	Calories		Total	-saturated	Total	-sugars	Dietary fibre, total	
<b>TROPICAL</b>									
Mango Magic	1110 kJ	265 Cal	4.5 g	3.0 g	1.8 g	53.8 g	47.6 g	1.7 g	84 mg
Mango Tango Crush	805 kJ	192 Cal	1.5 g	0.5 g	0.1 g	44.6 g	41.4 g	2.4 g	10 mg
Watermelon Crush	590 kJ	141 Cal	1.3 g	0.5 g	0.1 g	32.9 g	30.8 g	0.3 g	5 mg
Wondermelon†	475 kJ	113 Cal	7.0 g	1.4 g	0.7 g	17.4 g	16.1 g	2.8 g	52 mg
Banana Buzz	1010 kJ	242 Cal	10.0 g	3.0 g	1.9 g	42.8 g	36.9 g	1.0 g	146 mg
Passion Mango	1010 kJ	242 Cal	4.1 g	2.1 g	1.2 g	50.9 g	45.5 g	2.3 g	51 mg
Green Tea Mango Mantra†	1200 kJ	287 Cal	3.7 g	2.4 g	1.4 g	62.0 g	55.5 g	1.7 g	64 mg
Mango Go Greek	962 kJ	230 Cal	6.4 g	3.2 g	2.2 g	42.8 g	32.5 g	8.1 g	129 mg
<b>BERRY</b>									
All Berry Bang	874 kJ	209 Cal	4.5 g	2.9 g	1.8 g	43.9 g	39.3 g	0.7 g	84 mg
Strawberry Squeeze	902 kJ	216 Cal	4.7 g	3.0 g	1.8 g	45.3 g	39.5 g	0.9 g	83 mg
Berry Crush	743 kJ	178 Cal	1.4 g	0.5 g	0.1 g	41.5 g	38.4 g	1.4 g	11 mg
Berry'd Alive Greek	845 kJ	202 Cal	5.6 g	2.9 g	2.0 g	36.6 g	28.5 g	8.1 g	125 mg
<b>NAUGHTY &amp; NICE</b>									
King William Chocolate	1080 kJ	259 Cal	10.9 g	3.7 g	2.3 g	44.2 g	38.9 g	1.7 g	191 mg
Cookies & Creme	1140 kJ	274 Cal	9.6 g	4.1 g	2.3 g	49.3 g	41.4 g	0.6 g	172 mg
Cafe Latte*	1100 kJ	263 Cal	8.6 g	4.2 g	3.4 g	47.2 g	39.3 g	0.6 g	149 mg
Lychee Crush	730 kJ	174 Cal	1.2 g	0.2 g	0.1 g	42.4 g	39.4 g	0.7 g	11 mg
<b>FRESH JUICES OR BLENDS</b>									
Two & Five Juice**	405 kJ	97 Cal	1.8 g	0.3 g	LESS THAN 0.1 g	20.6 g	20.2 g	1.7 g	128 mg
Two & Five Blend**	438 kJ	105 Cal	2.5 g	1.7 g	LESS THAN 0.1 g	20.1 g	19.8 g	5.4 g	98 mg
Immunity Juice†	360 kJ	86 Cal	1.3 g	0.5 g	LESS THAN 0.1 g	18.2 g	18.1 g	1.1 g	12 mg
Immunity Blend†	374 kJ	89 Cal	1.9 g	1.6 g	LESS THAN 0.1 g	17.3 g	17.2 g	4.5 g	7 mg
Energiser Juice†	502 kJ	120 Cal	1.9 g	0.4 g	LESS THAN 0.1 g	25.9 g	24.0 g	1.8 g	17 mg
Energiser Blend†	510 kJ	122 Cal	2.7 g	2.3 g	LESS THAN 0.1 g	23.6 g	21.7 g	6.5 g	8 mg
Wild Berry Juice†	541 kJ	129 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	30.5 g	30.2 g	0.8 g	18 mg
Wild Berry Blend†	580 kJ	138 Cal	2.0 g	0.3 g	LESS THAN 0.1 g	28.8 g	28.6 g	5.6 g	9 mg
<b>PROTEIN &amp; ENERGY</b>									
Gym Junkie†	890 kJ	213 Cal	11.3 g	2.8 g	1.7 g	35.1 g	29.6 g	1.2 g	139 mg
Energy Lift†	1080 kJ	259 Cal	5.4 g	3.2 g	2.0 g	51.4 g	43.8 g	1.6 g	83 mg
Weekend Warrior†	711 kJ	170 Cal	7.9 g	2.7 g	0.5 g	26.3 g	16.6 g	4.3 g	73 mg
Protein Supreme†	963 kJ	230 Cal	13.6 g	4.2 g	1.1 g	31.6 g	21.7 g	4.8 g	122 mg
<b>GREEN</b>									
Caribbean Green	687 kJ	164 Cal	1.6 g	1.9 g	1.1 g	33.0 g	27.3 g	4.2 g	42 mg
Mint Condition	333 kJ	80 Cal	1.0 g	0.1 g	LESS THAN 0.1 g	17.9 g	17.9 g	0.7 g	94 mg
Grape Escape	519 kJ	124 Cal	1.7 g	0.3 g	LESS THAN 0.1 g	26.4 g	23.8 g	4.4 g	44 mg
Pure Eden Super Smoothie†	361 kJ	86 Cal	1.3 g	0.2 g	LESS THAN 0.1 g	18.1 g	15.6 g	3.3 g	45 mg

### ALLERGENS

Important to know on the go

	Gluten free ingredients	Crustacea	Egg	Dairy Free	Fish	Peanut free ingredients	Soy	Sesame	Tree nuts	Sulphites	Lupin	Vegetarian	Contains caffeine
<b>TROPICAL</b>													
Mango Magic	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Mango Tango Crush	No	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Watermelon Crush	No	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Wondermelon†	Yes	No	No	No	No	Yes	Yes	No	No	No	No	Yes	No
Banana Buzz	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Passion Mango	No	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Green Tea Mango Mantra†	No	No	No	No	No	Yes	No	No	No	No	No	Yes	Yes
Mango Go Greek	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
<b>BERRY</b>													
All Berry Bang	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Strawberry Squeeze	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Berry Crush	No	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Berry'd Alive Greek	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
<b>NAUGHTY &amp; NICE</b>													
King William Chocolate	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Cookies & Creme	No	No	No	No	No	Yes	Yes	No	Yes	No	No	Yes	No
Cafe Latte*	No	No	No	No	No	Yes	Yes	No	No	No	No	Yes	Yes
Lychee Crush	No	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
<b>FRESH JUICES OR BLENDS</b>													
Two & Five Juice**	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Two & Five Blend**	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Immunity Juice†	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
Immunity Blend†	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
Energiser Juice†	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
Energiser Blend†	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
Wild Berry Juice†	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
Wild Berry Blend†	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
<b>PROTEIN &amp; ENERGY</b>													
Gym Junkie†	Yes	No	No	No	No	Yes	Yes	No	No	No	No	Yes	No
Energy Lift†	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	Yes
Weekend Warrior†	No	No	No	No	No	Yes	Yes	No	No	No	No	Yes	No
Protein Supreme†	No	No	No	No	No	Yes	Yes	No	No	Yes	No	Yes	Yes
<b>GREEN</b>													
Caribbean Green	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Mint Condition	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Grape Escape	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Pure Eden Super Smoothie†	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No

\*Contains caffeine. Not recommended for young children, pregnant or lactating women and individuals sensitive to caffeine. † Boosters and whey protein not recommended for young children, pregnant or lactating women. For full ingredients and nutritional information refer to [boostjuice.com.au](http://boostjuice.com.au).



# OUR REAL JUICY MENU

## The nitty-gritty details COLLECTABLE CUPS 250mL

### FACTS & FIGURES

Important to know on the go

	Energy		Protein	Fat		Carbohydrate		Dietary fibre, total	Sodium
	Kilojoules	Calories		Total	-saturated	Total	-sugars		
<b>TROPICAL</b>									
Mango Magic	788 kJ	188 Cal	3.6 g	2.2 g	1.4 g	38.1 g	32.7 g	1.3 g	62 mg
Mango Tango Crush	570 kJ	136 Cal	1.2 g	0.4 g	0.1 g	31.2 g	28.6 g	2.1 g	6 mg
Watermelon Crush	396 kJ	95 Cal	0.9 g	0.3 g	LESS THAN 0.1 g	22.0 g	20.6 g	0.3 g	3 mg
Banana Buzz	770 kJ	184 Cal	7.3 g	2.3 g	1.5 g	32.8 g	28.4 g	0.7 g	109 mg
Passion Mango	770 kJ	184 Cal	3.1 g	1.6 g	0.9 g	38.5 g	34.2 g	2.1 g	39 mg
Mango Go Greek	651 kJ	155 Cal	4.0 g	1.9 g	1.3 g	29.7 g	22.6 g	5.6 g	82 mg
<b>BERRY</b>									
All Berry Bang	675 kJ	161 Cal	3.5 g	2.3 g	1.4 g	33.8 g	30.3 g	0.7 g	65 mg
Strawberry Squeeze	604 kJ	144 Cal	3.0 g	1.9 g	1.1 g	30.4 g	26.2 g	0.9 g	52 mg
Berry Crush	499 kJ	119 Cal	1.0 g	0.3 g	LESS THAN 0.1 g	27.8 g	25.9 g	0.8 g	8 mg
Berry'd Alive Greek	564 kJ	135 Cal	3.7 g	1.9 g	1.3 g	24.4 g	18.8 g	4.6 g	79 mg
<b>NAUGHTY &amp; NICE</b>									
King William Chocolate	806 kJ	193 Cal	7.7 g	2.7 g	1.7 g	33.3 g	28.9 g	1.3 g	135 mg
Cookies & Creme	921 kJ	220 Cal	6.9 g	3.6 g	1.9 g	39.8 g	32.6 g	0.6 g	136 mg
Lychee Crush	491 kJ	117 Cal	0.8 g	0.3 g	LESS THAN 0.1 g	27.8 g	26.2 g	0.5 g	6 mg
<b>FRESH JUICES OR BLENDS</b>									
Two & Five Juice*	289 kJ	69 Cal	1.3 g	0.2 g	LESS THAN 0.1 g	14.7 g	14.4 g	1.3 g	82 mg
Two & Five Blend*	373 kJ	89 Cal	2.1 g	1.4 g	LESS THAN 0.1 g	17.2 g	17.0 g	4.6 g	62 mg
Immunity Juice	241 kJ	58 Cal	0.9 g	0.3 g	LESS THAN 0.1 g	12.2 g	12.1 g	0.8 g	8 mg
Immunity Blend	312 kJ	74 Cal	1.5 g	1.3 g	LESS THAN 0.1 g	14.5 g	14.5 g	3.6 g	5 mg
Energiser Juice	361 kJ	86 Cal	1.4 g	0.3 g	LESS THAN 0.1 g	18.6 g	17.2 g	1.2 g	12 mg
Energiser Blend	373 kJ	89 Cal	2.0 g	1.7 g	LESS THAN 0.1 g	17.3 g	15.8 g	4.7 g	6 mg
Wild Berry Juice	393 kJ	94 Cal	0.5 g	less than 0.1	LESS THAN 0.1 g	22.0 g	21.7 g	0.7 g	13 mg
Wild Berry Blend	454 kJ	108 Cal	1.5 g	0.2 g	LESS THAN 0.1 g	22.6 g	22.2 g	4.3 g	8 mg
<b>GREEN</b>									
Caribbean Green	488 kJ	117 Cal	1.3 g	1.0 g	0.6 g	23.9 g	19.2 g	3.2 g	25 mg
Mint Condition	259 kJ	62 Cal	0.8 g	0.1 g	LESS THAN 0.1 g	13.9 g	13.9 g	0.6 g	72 mg
Grape Escape	374 kJ	89 Cal	1.4 g	0.2 g	LESS THAN 0.1 g	18.9 g	16.8 g	3.3 g	26 mg

COLLECTABLE CUPS 250 mL

Per 100 mL

### ALLERGENS

Important to know on the go

	Gluten free ingredients	Crustacea	Egg	Dairy Free	Fish	Peanut free ingredients	Soy	Sesame	Tree nuts	Sulphites	Lupin	Vegetarian	Contains caffeine
<b>TROPICAL</b>													
Mango Magic	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Mango Tango Crush	No	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Watermelon Crush	No	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Banana Buzz	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Passion Mango	No	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Mango Go Greek	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
<b>BERRY</b>													
All Berry Bang	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Strawberry Squeeze	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Berry Crush	No	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Berry'd Alive Greek	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
<b>NAUGHTY &amp; NICE</b>													
King William Chocolate	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Cookies & Creme	No	No	No	No	No	Yes	Yes	No	Yes	No	No	Yes	No
Lychee Crush	No	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
<b>FRESH JUICES OR BLENDS</b>													
Two & Five Juice*	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Two & Five Blend*	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes	No
Immunity Juice	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
Immunity Blend	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
Energiser Juice	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
Energiser Blend	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
Wild Berry Juice	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
Wild Berry Blend	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes
<b>GREEN</b>													
Caribbean Green	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Mint Condition	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Grape Escape	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No

Our kids collectable cups are 250 mL, and our green enviro cups are 450 mL. Fruit changes with the seasons, and as most of our products are made fresh, the nutritional profile and flavour can vary. The nutrition and allergen information are based on low fat milk for drinks displayed with the low fat milk or soy option. Whenever changes in nutrition information and recipes occur, we'll do our very best to keep you in the loop. Please be aware that Boost Juice is not a nut free environment. Whilst we take our greatest care in preparing all products to prevent cross contamination, we do use the same store environment to make all drinks. Boost Juice products may contain traces of wheat, gluten cereals, egg, milk, peanuts, sesame, soy, sunflower seeds or kernels, tree nuts and lupin. Our whey protein does not contain gluten. Soy milk is gluten, dairy and lactose free. Boost sorbet products contain wheat and gluten. For the most up-to-date ingredient listing please refer to our website boostjuice.com.au. We've made sure that all the nitty gritty info in this flyer is correct at the time of printing.